



# Anniversary Edition COLEMAN JOURNAL

Commemorating Eleven Years Under the Present Proprietorship of a Weekly Newspaper Which Strives to Advance Community Interests. The Progress of Coleman is Dependent on Progressive Policies of Its Newspaper and Its Business Men.

Volume 17, No. 11.

THE JOURNAL, COLEMAN, ALTA. THURSDAY, JUNE 30, 1938.

\$7.00 PER YEAR; SINGLE COPY 5c.

## THE KING'S REPRESENTATIVE



Honorable J. C. Bowen, Lieutenant-governor of Alberta, in state dress as used on ceremonial occasions.

### THE COLONEL SPEAKS

I am pleased to have this opportunity on its eleventh anniversary, of congratulating The Journal and its efficient staff in practically reaching years of discretion. Coleman is indeed fortunate in having such an outstanding weekly newspaper and I extend best wishes for further progress.

—R. F. BARNES.

## WEEKLY NEWSPAPER EDITORS WILL MEET AT COAST

On August 11-12-13 weekly newspaper publishers of the Dominion will hold their annual convention at Vancouver and Victoria. The business sessions will be held in the fine C.P.R. Hotel Vancouver. Last year the convention was held in Halifax. It is expected there will be a large number attend, especially from the western provinces.

Membership of the Canadian Weekly Newspapers Association includes publishers from all provinces and Newfoundland. The president is George James, of Bowmanville, Ontario. The president of Alberta division this year is F. P. Galbraith, of the Red Deer Advocate.

Mr. and Mrs. Archie Beveridge and Betty leave on Friday for Vancouver for their summer vacation.

## Brief Review of Town's History Indicates Steady Progress

ON DOMINION DAY, July 1, 1927, The Journal passed into the present proprietorship. General conditions were at the peak of prosperity of the post-war years. Business in all lines was very active. During 1929 there was a recession from the prosperous era, in which Coleman shared through a very marked decrease in coal orders. With the resumption of operation of the coke ovens in 1932, and the obtaining of steady contracts for the output of coal, there has been steady improvement throughout the past six years. This is evident in the increase in building, many new homes having been erected, improvements made to old dwellings, the erection of a new high school, improvements to the old town hall, grading and surfacing of streets, replacements in buildings and machinery by the International Coal Co. Ltd. and McGillivray Creek Coal & Coke Co. Ltd., and increased development in the outlying portions of the town.

Electric light and power rates have been reduced to almost one-half of the former rates, resulting in increased use of the service. Wise administration by the town council, headed by Mayor Pattinson, during the past six years, has kept town taxes down to a very moderate amount, and the expenditures on local

improvements have resulted in good value. The surfacing of the main street and of most of the residential areas has been appreciated as a timely improvement. Citizens have improved their homes, cultivated gardens, and increased pride is noticeable on all sides.

Employment in the local mines during the past six years has been steady, and fortunately has been uninterrupted by labor disputes.

Coleman high school, Central and Cameron public schools, have a combined staff of eighteen. The trustee board includes W. Fraser, chairman; R. M. Greenhalgh, P. Sharp, Neil Fleming and Harold Chamberlain.

The town council under Mayor Pattinson includes W. L. Borrows, J. Atkinson, Joe Plante, Fred Antrobus, W. Chapman and W. White.

The original townsite was owned by International Coal & Coke Co. Since 1905 there has been development of the subdivisions of West Coleman, now an incorporated part of the town; East Coleman, Graftontown and Carbondale. The population numbers about 4,000.



who officially represents the government of Canada in the Crow's Nest Pass on national occasions, and who for some years has been in charge of Blairmore subdivision of the R.C.M.P. With his detachment of scarlet-and-gold clad men, members of the force established in western Canada some years after Confederation, to maintain law and order in what was then known as the Northwest Territories, later organized into provinces, he heads parades on national holidays with befitting dignity and éclat.

Photo by Gushul, Blairmore

## WHERE THE YOUTHFUL MIND IS TRAINED IN THE WAY IT SHOULD GO



COLEMAN is proud of its high school building which was opened following the Easter holidays of 1937. The cornerstone, seen at the extreme left corner of the building, was laid with fitting ceremony on Remembrance Day, November 11, 1936, Mr. George Kellock, vice-president and general manager of International Coal & Coke Co. Ltd. and Mc-

Gillivray Creek Coal & Coke Co. Ltd., performing the official act with a silver trowel, suitably engraved, presented to him by the then chairman of the school trustees, Mr. Arthur Reid. In the cavity in the cornerstone were placed current coins of the realm, a scroll with the names of the school trustees and the staff, also of those taking part in the ceremony, and

a copy of the current issue of The Coleman Journal.

In addition to the above Coleman has two other school buildings: Central school, the original school building which has since been considerably enlarged, and Cameron school in West Coleman, so named after the late Alexander Cameron, the first chairman of the trustees.

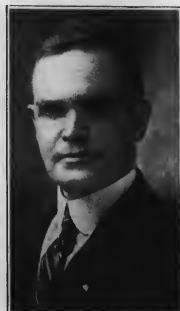
## AUTO COLLISION ON BARRINGHAM'S HILL ON SUNDAY MORNING

A terraplane car driven by Joe Bielish, of East Coleman, and a ter-raplane driven by W. Graham, of Michel, collided on Barringham's hill on Sunday at 2 a.m. Four passengers were in the Bielish car and two in Graham's. The cars were towed to Coleman service garage at 4 a.m.

Both cars suffered extensive damage, Bielish's car being the worst. The front left wheel was sheared off, both left fenders and footboard were smashed and torn off. Four windows were broken and both left doors were buckled. Graham's car suffered a smashed front left fender, window broken and the framework on the left side damaged. R.C.M.P. investigated.

Alex. Walker, president of Alberta command of the Canadian Legion, was here on Saturday, accompanied by his wife and Mrs. L. Rose, of Calgary. Mr. Walker met the executive of the Legion and discussed plans for the establishing of a club. He was on his way to the convention of the Canadian Legion being held in Santa Barbara, of Canadian ex-service men resident in California.

### ALEX. M. MORRISON



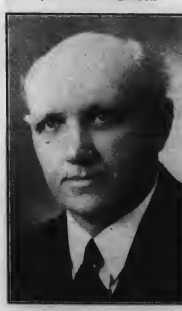
Always a public-spirited citizen, who has lived in Coleman almost since its inception, Alex. M. Morrison has filled many public offices, including that of the mayor and chairman of the school board. He has been a candidate in the provincial field for the Liberal party, and at one time was postmaster.

Always ready to take a stand for law, order and progress, he has earned the respect of his fellow citizens and of a large circle of acquaintances much further afield.

Mrs. Montalbetti, of the Modern Electric, spent several days at Calgary this week.

There is no general closing of stores on Saturday. Most Coleman stores remain open.

### MR. GEORGE KELLOCK



#### Dominion Day Message

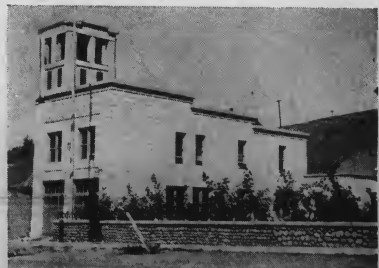
Confederation of Canadian political areas, consummated in 1867, has brought many benefits to the Dominion of Canada. While some sections of the Dominion may have benefited more than others, investigation will disclose that all districts have received advantages and benefits they would not have had without Confederation. Nevertheless, it would appear that to gain the fullest advantages from Confederation, a re-distribution of powers and responsibilities between the Dominion and Provincial governments is necessary, whereby the Dominion will assume full responsibility for all social services that are national in character and scope, such as unemployment insurance, old age pensions, etc.

A re-distribution of taxation and

administrative authority would also undoubtedly tend towards a better development and utilization of our natural resources, particularly the coal resources, so it behoves every Canadian to make himself familiar with the political set-up in the Dominion, as at present constituted, and to advocate through the proper procedure, changes in the constitution that would appear to be necessary and desirable in order to derive the fullest benefits from Confederation.

Miss Wilma Halliwell arrived from Edmonton on Tuesday, morning to spend a few weeks' holidays.

## COLEMAN'S FIRE HALL AND COUNCIL CHAMBER



Erected when Coleman was a hamlet, this old building was transformed by a veneer of cement blocks and many interior improvements. The unsightly gravel bed was made into a beauty spot by the cultivation of a lawn and the planting of poplar trees, each of which is a memorial to Coleman men who died or were killed during the Great War. It is planned to have a stone cairn erected with the memorial plaque containing Coleman's honor roll set therein.

Photo by Pytylik, Coleman.



THE GRAND UNION HOTEL, most modern and complete of its kind in the Crow's Nest Pass, was built in 1924, and has 40 rooms, with hot and cold water, and some with private baths. Its interior fittings are of a substantial nature, and every detail of its operation is efficiently supervised by Mr. and Mrs. William Bell, who have lived in Coleman since 1911. It furnishes a complete service to the travelling public and is the home of a large number of people employed in Coleman. "Bill" is proud of the Scottish flag which is seen proudly flying in the breeze, for he hails from the ancient "Kingdom of Fife."

Photo by Gushul, Blairmore

## MAYOR AND MRS. PATTINSON AT HOME



In addition to many duties in his official capacity, the mayor makes time to indulge in gardening, and many fine trees and shrubs surround the home on Sixth street. Mr. and Mrs. Pattinson have resided in the Crows Nest Pass district since 1903, for many years living at Frank, moving to Coleman in 1921, when he commenced his hardware store. He is now in his fourth term as mayor of Coleman, prior to which he served several terms as a councillor.

Photo by Gushul, Blairmore

### Special Supplement Gives Review of Progress and Development in Coleman

This Dominion Day supplement endeavors to convey to readers here and elsewhere an impression of the steady development of Coleman during the eleven years The Journal has been under the present proprietorship. There are many buildings besides those shown which we would have secured photos of, had time and space permitted.

At some future date we hope to publish a more complete historical and pictorial record of the town and the coal mining industry, believing that such an effort tends to increase local pride and the incentive towards greater progress.

Appreciation is expressed for the co-operation of T. Gushul and son Evan in securing photos. Some were taken when weather conditions were not favorable for outdoor photography, and time would not permit of further delay. However, we trust it will meet with the approval of our readers, and it extra copies are required to mail to friends, they may be obtained at The Journal office, or we will mail same in special wrapper direct at five cents a copy.

The fine illustration of McGillivray Coal & Coke Co. offices and residence of the general manager is from a sketch by CHRISTIAN D'APPOLONIA, an artist who visited The Pass two years ago and was used by the company on their large calendars, which are sent out annually.

The cuts, with the exception of the McGillivray buildings, were made by Calgary Photo Engraving Co.

## YOUR LOCAL PAPER

Weekly newspapers of Canada are community builders. They perform a service which cannot be measured in dollars and cents. This issue represents many hours spent in gathering news and other material, not for profit, but in order to convey to Coleman people and others living at a distance that substantial progress has been made throughout the years, and to increase local pride in the town and its institutions.

Appreciation is expressed to those advertisers who have co-operated in making this issue possible.

## THE COUNTRY CORRESPONDENT

Her facility in recording the happenings in the rural community in which she resides has won for Mrs. Edna Eaton, farm wife, of Hibel, Oklahoma, and mother of four sons, designation as the nation's best country newspaper correspondent of 1938. While urban readers will be inclined to pass over lightly the announcement of this pastoral Pulitzer prize, it is of more than passing interest to the small army of rural reporters who pick up the equivalent of "butter and egg" money by describing the doings of hundreds of farm communities.

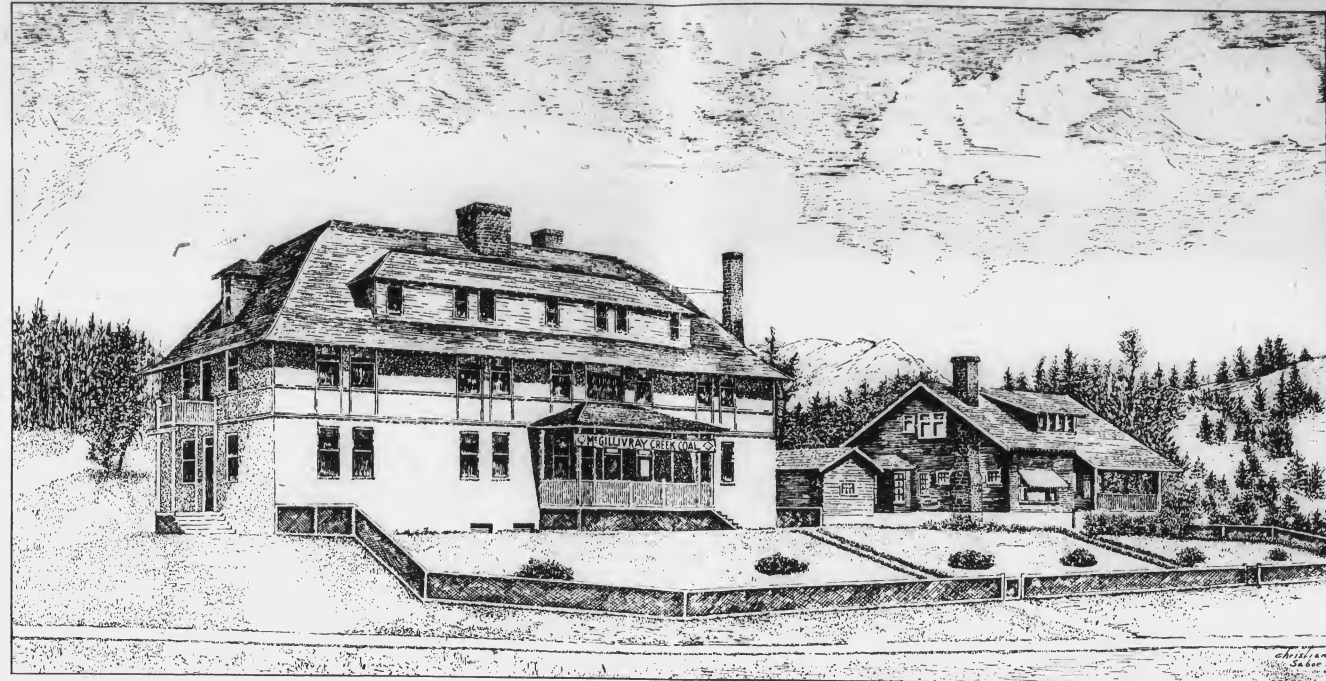
In addition to their nominal agricultural duties, they cover, through personal contact or by party-line telephone, varying areas, recording the happenings which will be of interest to their pastoral public: barn buildings, rural remodelings, box socials, neighborly visits and business trips to near-by towns. Their writings reflect a placid countryside, undisturbed by the clatter and clamor which pervade congested cities. Their columns, which seldom attain the dignity of a "by-line," are weekly Adventures in Contentment.

No outstanding feats of reporting, no emulation of the spectacular "scowps" of Richard Harding Davis, or of Frank Ward O'Malley, led to the bestowal upon Mrs. Eaton of this journalistic honor. She attributes her selection of her writing "good things about my neighbors"—Christian Science Monitor.

"Adversity is like the period of the former and latter rains—cold, comfortless, unfriendly to man and to animal; yet from thence come on the flower and the fruit, the date, the rose, and the pomegranate."

Hating the strong never helped the weak.

## Office Building of McGillivray Creek Coal and Coke Company, Ltd. and Residence of the Vice-President and General Manager, Mr. George Kellock



These fine buildings were erected in 1921 and stand in a commanding position facing the trans-Canada highway a short distance west of Coleman.

The company was established in 1909, six years after the International Coal & Coke Co., Ltd. commenced operations. It has carried out extensive developments and in 1921 a rock tunnel was bored, 3600 feet in length, electrically lighted, and with electric haulage, which replaced an overland railroad and high trestle bridge across McGillivray Creek, which winter snows made difficult to operate.

Progressive policies of the company have put it in the forefront of steam coal mines in Alberta, and it has on its payroll about 400 men, while the daily capacity on full time working is 3,000 tons.

Recent installations of improved cleaning plants have placed the company in a premier position to supply a superior product and a large tonnage is shipped to the Canadian Pacific Railway for locomotive use on western lines, and industrial plants in the western provinces.

The president of the company is Mr. Lorne A. Campbell, who is a director of many Canadian companies, and also vice-president and general manager of West Kootenay Power & Light Co., Ltd.

Mr. George Kellock is vice-president and general manager, commencing with the company in 1912. Prior to that he was with the Crows' Nest Pass Coal Co., Fernie, and with International Coal & Coke Co., Ltd. Under his

managership the company has been brought to its present stage of efficiency.

The secretary-treasurer of the company is Mr. Albert F. Short, who commenced service the same year as did Mr. Kellock, therefore they have witnessed together a steady development of the property to its present outstanding position among Alberta mines.

## JOINT MANAGERSHIP OF COMPANIES

It was in 1935 that arrangements were completed whereby the International Coal & Coke Co. passed under joint management with the McGillivray Company, the foregoing officers being appointed to the presidency, vice-presidency and secretary-treasurership. As a result a comprehensive plan of improvements was commenced, which included removal of obsolescent buildings and machinery, replacing them with more efficient equipment and greatly improving the surface property.

Below ground extensive rock tunnelling is being carried out, and the entrance to the underground workings presents quite an imposing appearance with railroad tracks branching off to various levels of the mine. It is really the show mine of the district.

Coleman has in operation the only coke producing plant in Alberta. Since its earliest history, coke has been produced from the high grade steam coal of the International mine, it being ideal for smelting purposes. Over 60,000 tons have been produced annually since 1932, most

of it going to Consolidated Mining & Smelting Co., Ltd., for their smelter in Trail.

The two companies combined have a payroll of around 800 men, and salaries and wages annually approximate \$1,300,000. From an industrial standpoint, these companies place Coleman in an important position in the province of Alberta, resulting in substantial royalties and taxes being paid to the federal and provincial government and for local purposes such as town and schools.

Coleman's prosperity and well-being depend on the coal industry. For over thirty-five years the industry has developed, and it is interesting to recall that when Earl Grey, then governor-general of Canada, visited Coleman, he was taken into the International mine as far as the working extended at that time, which was about half a mile or less.

Now there are several miles of underground workings and several levels. In fact there are many more miles of railroad beneath Coleman than there are in streets and railroads within the town limits. Casual visitors to Coleman little realize that in looking around the streets, there are hundreds of men working beneath the surface producing the wealth which makes for a prosperous town.

It is by vision, courage and persistency in seeing a thing through that such developments have been accomplished, a tribute to the present officers and those who have been at the helm of the industry in Coleman during the thirty-five years since coal was first mined here.

## DISTINGUISHED CITIZENS

There are a few distinguished citizens in Coleman whose life and work are well known to most of us. However, there is someone among us whose history and accomplishments are worthy of note, who has never been under the spotlight as they should have been.

Possibly you would be willing to be a reporter for the Journal to the extent of giving us the needed information for a write-up.

You probably recall the story of the little boy who had a bantam hen, and who thought she should lay larger eggs. He finally hung a large goose egg in front of her nest with a sign underneath: "Keep your eye on this and do your best."

Should we gain your co-operation in giving us the history of accomplishments of one or more of your neighbors, it would help us greatly in our contemplated "May We Present" column. Furthermore, the data you give may be the means of inspiring some young person to try a little harder to overcome his or her particular handicaps.

"Lives of great men all remind us We may make our lives sublime; And departing, leave behind us Footprints on the sands of time."

Practically everyone in Coleman has something of outstanding worth which he can contribute to help the rest of us get the most out of life. Be sure to ask the person you interview, "What has been your greatest obstacle and how did you overcome it?"

## S. A. VETERANS PARADE

L. G. Llewellyn, who was in hospital for some weeks, attended the annual church parade of the South African Veterans Association at St. Michael's and All Angels church, Calgary, at which there were present many who were in the S. A. campaign. Mr. Llewellyn was in the Diamond Fields Artillery, which included many men from the Kimberley diamond mines. He was in the siege of Kimberley, as well as his late wife. He was employed in Kimberley at the time war was declared on Great Britain by the late Oom Paul Kruger, president of the Transvaal Republic.

## RESPECT

It is good to have confidence in yourself—in that you know what you know. But you come to respect yourself most highly where you have reached the point where you are always ready to admit that all you know isn't very much.

## HOME OF MR. AND MRS. W. L. RIPPON



This imposing residence on Third street was built in 1914, and was at that time the finest residential building in the town. It was purchased by the Canadian Bank of Commerce as a residence for their local manager, Mr. Rippon, the present manager, is seen on the doorstep just as he returned from a game of golf, when the cameraman caught him.

Photo by Gushul, Blairmore

### Power Supplied to Crows Nest Pass Mines in Alberta and B.C. By East Kootenay Power Co.

Gives Continuous Service with Few Interruptions Despite Handicaps of Rough Country, High Winds, and Snowslides.

East Kootenay Power Co. Limited was organized in 1922 and from the original plant, developing 5,000 KVA, it has increased its plant capacity to 23,500 KVA consisting of a hydro plant on the Elk river at Elko, B.C., built in 1924 with a capacity of 12,000 KVA and a steam plant on Crowsnest lake with a capacity of 12,500 KVA, serving an area roughly including the territory from Moyie, B.C., to Pincher Creek, Alberta, with a population of 22,000 approximately, and 3,000 square miles in area.

No form of government, however idealistically planned, can make a strong nation of a people who want to leave God and righteousness out of their program.

It has 300 miles of transmission lines and six power generating units, located at Aherfeldie and Elko, B.C., and Sentinel, Alberta.

The nearest of these units to Coleman is the fine plant at Crows Nest Lake, easily seen from the highway or from the C.P.R. as travellers pass through. This plant generates steam for driving its turbines, using pulverized fuel, the fuel being purchased from local mines. Many guesses are made of the height of the smokestack, which almost makes one dizzy to gaze upward at. It is 220 feet from the ground level to the top coping.

The generating units consist of two Parsons steam turbines rated at 5,000 KW each.

When you are not going ahead you may think you are not going backward. But the world is constantly going ahead, so that leaves you behind.

## 21 Years Business in Coleman

ON THIS DOMINION DAY we review with pride our record of 21 years of business. Commencing in a modest way in 1916, we have always striven to improve building standards in Coleman and the Crows' Nest Pass. We have seen steady advance from the pioneer shack type of building to greatly improved modern homes. New homes have replaced old, and old houses have been modernized, as a result of our steady campaign for better homes.

As Builders and Contractors, we claim that our service has not been for profit alone; it has always aimed to build better homes for everyone.

Important in our work has been construction on municipal buildings, waterworks, transmission lines, sidewalks, roadwork, important construction work for mining companies, building of branch banks for The Canadian Bank of Commerce, and many other projects which have been brought to satisfactory completion.

21 years in continuous business and still advancing is a cause for satisfaction. We will continue to improve the building standards of Coleman.

SUPPLIES: Our business, in addition to building, is to supply any of the building material required—heating equipment, plumbing fixtures, paints and finishing material.

A COMPLETE SERVICE IN EVERY DETAIL FOR HOME BUILDERS

## HOME OF MR. AND MRS. J. S. D'APPOLONIA



Long-time residents of Coleman, Mr. D'Appolonia recently remodelled his early home in Coleman, making it into the fine building shown in the picture. All important construction work for over twenty years in the Crows Nest Pass district has been in charge of Mr. D'Appolonia.

Photo by Pytlyk, Coleman.

## Excel Builders' Supply Co.

Telephone 263

## International Coal and Coke Company, Limited McGillivray Creek Coal and Coke Company, Limited



Up-to-date cleaning plant of International Coal Co., which has a capacity of 3,000 tons daily. McGillivray Co. has a cleaning plant of similar capacity.

### High Grade Steam Coal

cleaned from all impurities ensures highest efficiency for steam locomotives and industrial plants.

### International and McGillivray Coal and Coke

have established a reputation over 35 years of mining in the Crows Nest Pass.



This type of locomotive, several of which are used in each mine, is driven by compressed air. Compressed air is piped throughout the mines.

## USING COAL FOR INDUSTRY

## EAST KOOTENAY POWER COMPANY LIMITED



Photo by Gushul, Blairmore

ERECTED IN 1926-27, this fine plant of the company at Crows Nest Lake is one of the power generating units of the company serving an extensive industrial area in Eastern British Columbia and Southwestern Alberta.



# Coleman's Steady Progress Brings Better Homes

A PRETTY COTTAGE AND GARDEN



The attractive home of Mr. and Mrs. Archie Beveridge with its garden is one of Coleman's beauty spots. Gardening is Mr. Beveridge's hobby, and though it does not show in the photo, he has erected a fine stone wall around the property, which sets it off splendidly. Photo by Gushul, Blairmore

## IN ALL WINDS

Charles H. Spurgeon, the great preacher, while riding in the country, came upon a weather vane, on the arrow of which was inscribed the words: "God Is Love."

Seeing the owner near by, the minister called out, "What do you mean by that? Do you think that God's love is changeable; that it veers about as that arrow turns in the wind?" "No! No!" cried the farmer. "I mean that whichever way the wind blows, God still is Love."—Christian Science Monitor.

Let the critics carp and the harpers harp, if you are doing the very best you can with the capacities and powers with which you are endowed, then you are just as necessary a tool in the hands of the Infinite as someone whose make-up is much more complicated and apparently more effective.

Account difficulties as: "Machinery just meant To give thy soul its bent, Try thee and turn thee forth sufficiently impressed Then welcome each rebuff That turns earth's smoothness

rough, Each sting that bids not sit nor stand, but go!" —Browning.

THE highest service we can perform for others is to help them to help themselves.—Horace Mann.

The marriage of Robert Andrew Dempsey and Miss Gladys Higginbotham will take place early in July. Miss Nettie Gillespie left on Sunday for Drumheller, having been appointed night superintendent at the general hospital there.

ONE OF COLEMAN'S LATEST HOMES



Mr. and Mrs. Harry Gardner are justly proud of their pretty bungalow home, and the garden and surroundings are a tribute to their careful planning and good taste in decorative effect. The stone wall surrounding the garden is the work of Mr. Gardner, and this fine home is frequently admired by all who pass that way. Seated with Mrs. Gardner is Mrs. M. Clifford, well known public school teacher. Photo by Gushul, Blairmore

## BALLOCH AND ROUGHHEAD DOMINATED CRANBROOK TENNIS TOURNAMENT

Coleman tennis club was only represented by two players at Cranbrook tournament, but they were sufficient to win all events open to them. Balloch and Roughhead coasted into the final bracket of the men's singles and will play on the local courts for the East Kootenay championship, the trophy being donated by Hon. H. H. Stevens, East Kootenay M.P. They teamed together to win the men's doubles, winning in two straight sets. Roughhead, anxious to make a clean sweep for Coleman, entered the mixed doubles with a Cranbrook lady and was successful in winning that event.

He is the present holder of the East Kootenay title. Neither Coleman player was given much competition in the singles event. Balloch won his semi-final match 7-0 in a best of thirteen games.

## HOCKEY CLUB CARNIVAL IN AUGUST

Plans are progressing for the hockey club carnival on August 6-8, which will be different from the ordinary. Prizes will be purchased from local merchants. The White Elephant booth, in charge of the ladies, will include as prizes fruit preserves and other useful articles donated by them. At the Bingo booth prizes will include shirts, ties, soap, lingerie, auto pumps, jacks, tools, fishing tackle, etc.

A popular favorite will be the flower booth, where bouquets from various gardens will be won on the wheel of fortune. The grocery booth will undoubtedly meet with popular approval.

Looking through an imperfectly adjusted telescope makes a perfect view appear distorted. It is just barely possible that your lot in life would appear better if your mental sights were adjusted.

## LOCAL NEWS

Johanna Flynn, Peggy Emmerson and Doris Bowen, nurses-in-training in St. Joseph's hospital, Victoria, B. C., arrived on Saturday morning for three weeks' vacation. Miss MacAtkinson, who is home on vacation from the Royal Jubilee hospital, Victoria, will return on Saturday.

## Coleman's First Clergyman Comments on Early Days --and Present-Day Affairs

"What are Principles of Men Who Repudiate Solemn Obligations?" Quores Rev. Canon Robinson, Barrington, Nova Scotia, June 9, 1938.

The Editor, The Coleman Journal.

Sir: A few days ago I received a copy of your issue of last week. In it are several references on which I should like to comment.

In the first place, I was interested in the account of the induction of Rev. J. R. Hague to the rectory of the parish. As the one who organized this parish at the start, planned and saw the erection of St. Alban's church, I shall always be concerned in its progress and welfare.

Your editorial note on the importance of National Union in Canada also touched a matter in which I have been somewhat disturbed. When the Federal Government has been ready to undertake financial obligations for the benefit of the people, I cannot understand the attitude of certain provincial governments in opposing such action as interference with provincial rights. I am happy to observe that this province of Nova Scotia does not seem to have taken the stand that some others have. Of course, there are other circumstances which must be born in mind—such as the effect of certain tariffs on one or another part of the Dominion. Nova Scotia, also, has suffered from intentional or unintentional squeezing out of some of her industries by the larger and more powerful companies in Ontario and Quebec.

We have just heard the first reports of the election in Saskatchewan. The assault of the Social Crediters seems to have resulted in failure. That should be a source of gratification to most Canadians. I have watched with interest your own comments from time to time, and have been specially pleased to have the Journal as a publication on the spot come to me regularly. Your premier seems to make strong religious professions. I shall not question his sincerity, but it is well known that many people set strange interpretations, strange, yet plausible to superficial minds, upon the Scriptures. This is characteristic of many small sects which seem to consider themselves the special custodians of Divine Truth. I have been struck by the placid assumptions of those who calmly speak of "British Israel Truth." Omit that sentence if you think it will "start something." I can imagine some folks rising up in their wrath. The subject might require a separate article.

As far as Social Credit is concerned it seems to promise something for nothing. I presume that the great majority of those who voted for it thought it meant that they would get twenty-five or thirty dollars a month without earning it. One of the evils of the present day, is the loss of a spirit of independence on the part of so many people. This has been brought vividly before me because I have been directly concerned of late with Social Welfare movements—Children's Aid, Old Age Pensions and Mothers' Allowances, not to mention direct relief. There are many needy cases, without doubt; but, if space permitted, I could mention numbers of cases where people, who would be insulted if you recommended them to apply to the overseers of the poor, schemed to get something from one or other of the funds mentioned. Yet such moneys come out of the taxes just as the poor funds do. First, I consider the principle mentioned as immoral. I cannot understand the support given to it by Christian ministers. It is feeding this spirit of

grab. It appears to me to be demoralizing.

Apart from that, theories have a way of not working out in practice. Social Crediters seem to think that their system would not affect the general cost of living. But suppose costs of the necessities of life soar to such an extent that the profit of the monthly addition to income is wiped out. For example, in connection with my social work, I know very many people who could practically live on that twenty-five dollars a month in addition to what they could grow in the form of food stuffs, if they owned a home. Multitudes of small farmers, for example, might get along in this way and give up raising vegetables for market. I might illustrate this, also, by a bit of Coleman local history. In 1905, I think it was, during my residence there, there was a strike in the International mine, which lasted three months. At last, two international representatives of the union were sent from Indianapolis to look into the matter. They effected a settlement in two or three days. Afterwards a public meeting was announced by the union at which the visitors spoke. I occupied the chair by request. The leading delegate made this statement, "I want to tell you men that the company for which you work are ANGELS compared with many with which we have to do." (So much for the reference in the Journal to efforts to make the miners discontented at the present time.) There was another result. It was difficult to get the local union to accept the agreement, the reason given being that such a large number of foreigners evidently preferred to receive five dollars a week strike allowance, without working, than three to seven dollars a day and work. I understood that only a threat to cut off the strike allowance induced them to change their attitude. Yet five dollars a week would be less than twenty-five dollars a month! Who knows what other conditions would show up under Social Credit?

I have already used too much of your space, if you publish this letter, yet a vital point remains. What are the principles of men who repudiate solemn obligations as your present government has done? A province, through its government, pledges a certain rate of interest. People naturally trusted the honor of that province, yet its government repudiates the pledge. It is not necessary for me to enlarge on these peculiar dealings.

Forgive me if I add one more comment—on the action of the government towards the banks. There is an advertisement of the subject of the money they are supposed to be piling up in the same issue of your paper. I was in banking before entering the ministry. Let me give an illustration from later experience. In the "nineties" of the last century, I was living in Ontario. Certain people, considering that the banks were taking too much out of the community, organized a new one which was to deal fairly, like, I presume, the government bank threatened by Mr. Aberhart. This new bank failed in a short time and its promoters had to face the legal double liability resting on shareholders to protect depositors.

Yours, R. A. ROBINSON. Ed. Note—It is regretted that a photograph of Mr. Robinson was not available for this issue. He follows Coleman activities through The Journal, which goes forward to him weekly. Barrington, Nova Scotia, is his home.

## Local News

George Fisher, well-known business man of Natal, on his way home from Calgary, dropped into The Journal office and renewed his subscription. He has been a steady subscriber since the paper was established in 1921—on the honor list. 100 per cent.

Angelo Gentile's property, facing the tennis courts, presents a fine appearance, having been remodelled and painted. Walter Biela did the paint job, and the remodelling construction work was done by Excel Builders' Supply Co.

Mrs. J. L. Lonsbury is making steady progress after a stay in hospital for several days. Mrs. M. Clifford and Miss Edith Haysom will attend summer school in Calgary.

## Coleman Fraternal Organizations

### COLEMAN ELKS LODGE GIVES USEFUL COMMUNITY SERVICE

The Elks' Lodge, the exalted ruler of which at the present time is William E. Read, and the secretary is Jack Chalmers, have proved themselves a real service club in Coleman. Every year they give the kiddies a treat, and on Coronation Day they presented flags to the Girl Guides and the Rangers. Their present activity is towards establishing a worth-while sports field in Coleman. Frank Barrington is the district deputy grand exalted ruler.

ALBERT F. SHORT

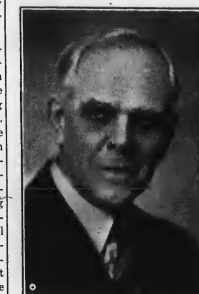


Resident here since 1912, when he commenced service with McGillivray Creek Coal & Coke Co. "A. F." has been very active in Masonic fraternal activities.

He was initiated a member of Summit Lodge in 1917, progressed through the various chairs and was made master of the lodge in 1923. He continued his activities in a wider field and his good work was recognized by his appointment as district deputy grand master of Masonic District No. 8, in 1933. That year the annual district meeting was held in the Community hall, a large number being present from all lodges in the district.

He is also a member of the Scottish Rite, Perfection Lodge, Calgary. He is secretary-treasurer of McGillivray Creek and International Coal & Coke Companies. His early home was in London, England, and he came to Canada when quite young.

—Photo by Curlette Studio, Calgary.



Mr. ARTHUR REID, chairman of the art trustees, under whose regime the high school was built.

## THE LATE ALEXANDER CAMERON



Coleman's first chairman of school trustees, whose name has been perpetuated by the naming of Cameron School in West Coleman in memory of his service to the community.



JUST WHAT is Norman MacAulay (centre) trying to figure out? Maybe a rise in the price of Alberta bonds, or how he is going to cut down insurance rates for the benefit of his clients. Again, he may be trying to impress them that the time has arrived for a big upsurge in oil stocks or town lots. The inquisitive looking gent on the left with the enquiring glance is "Bill" Bell of the Grand Union Hotel; on the right is the editor of this paper, who is also eager to find a way to get rich quick without working. Photo by Gushul, Blairmore

QUALITY in stationery is as important as quality in clothing. Your business or private stationery conveys to the recipient the impression of yourself. It is important that it creates a good impression.

# INTERESTING SOCIAL

## AND COMMUNITY NEWS

Result-getting advertising is a steady pull—not an occasional jerk.

The Journal employs workers who live in Coleman, who pay taxes in man, whose interests are in Coleman.

### A Tribute to Loved Ones Is a Well-Kept Grave



Complete information on cost of monuments or headstones will be gladly given.

Consult the representative of

**SOMERVILLE**

Calgary Monumental Co.

**Norman E. MacAulay**

Main Street, Coleman



### Drink Milk For Health

PURE, wholesome milk is the ideal warm weather drink. Refreshing, cooling, nourishing, it provides quick energy and body-building vitamins that are so necessary to growth and robust health. Give the children plenty of milk to drink, but be sure it is

### "MEDO-SWEET"

On sale in all Cafes and Restaurants in The Pass towns.

"MEDO-SWEET" DAIRY  
L. Richards and Eddie Fisher  
Phone 138M - Bellevue

**A THRIFTY WHISKY**

**Robbie Burns**  
famed old whisky

This Advertisement is not inserted by the Alberta Liquor Control Board, or by the Government of the Province of Alberta.

**FILMS 25c**  
DEVELOPED AND PRINTED.....

REPRINTS 3c EACH  
Valuable Coupon with every order.  
Tuxedo Photo Finishers Dept.  
131-31st Ave., N.E.  
CALGARY, Alberta

WANTED: Your car troubles for the personal attention of Joe Yurek, at Coleman Service Garage. Phone us or bring your car to our garage. Phone 225.

### Local News

Miss May Bell, Tom McGovern and Dick Shone motored to Cranbrook on Sunday where they witnessed the finals of the tennis tournament held there.

We often smile when we recall E. O. Duke, M.L.A., calling and urging us to sign that wonderful "covenant." It is not to be wondered at that many blush when they recall signing. We told Mr. "Dook" that we weren't signing anything. He immediately charged us with being in league with the capitalists and financiers. Since that interview he has not crossed the threshold of this office. He promises lots of things when in The Pass, so does Mr. Aberhart.

### We May Be Crazy

An eastern paper remarked that people who will pay a man to produce rain might be induced to believe anything. Alberta paid a man to produce rain, later they gave their votes to a man who promised them \$25 a month without any strings attached, and debt-free money. Truly we are a most credulous or "nutty" bunch of people in Alberta.

O. E. S. WHITESIDE



For 27 years Mr. Whiteside, as general manager of International Coal & Coke Co., Ltd., witnessed a steady growth of the company and the town of Coleman. In 1935 he was honored with a presentation by miners and officials of the company on his retirement, a monster gathering taking place in the Community hall. Mr. and Mrs. Whiteside have since lived in Sarnia, Ontario, and The Journal is a regular weekly visitor, keeping them informed on Coleman doings. Undoubtedly they will read this anniversary edition with keen interest.

### COMPETITION FIXES PRICES TO PRODUCERS AND OIL CONSUMERS

Crude oil produced in one field may and does influence the price of crude oil produced in another, and if any evidence of it were needed, refer to the case of Alberta and Montana.

Before the tariff board, F. G. Cottle, chief auditor of the Alberta board of public utilities commissioners, showed how Montana production had affected the price on the Turner Valley output.

Montana oil cannot compete with Turner Valley in supplying Calgary refineries, because Turner Valley is much nearer to Calgary and enjoys the advantage of lower transport costs. But Turner Valley is producing more crude than Calgary refineries can use and so has to ship part of its output east to refineries at Moose Jaw, Regina, and Winnipeg.

Thus the price of Turner Valley production in the field has to be at a level which will enable the crude to be laid down at these distant points, (including freight) at prices which will be competitive with the prices at which Montana crude can be laid down. As Mr. Cottle pointed out, Montana crude cannot compete with Turner Valley crude at Calgary, but it can at other points.

Similarly, Turner Valley crude actually affected the price of Montana crude right in Montana although it never got into that state in commercial quantities. Perhaps the issue in which the prairies are most interested is that Turner Valley producers, the pipe lines, refineries, and railways, have adjusted their operations so that western consumers are able to buy their products at substantially lower prices than would have prevailed had the Alberta fields not been developed. Producers at the same time are getting a fair price for their output.

WANTED: Second hand washing machine, gas power. Reply Journal.

CORN BEEF	2 tins 35¢
SPAGHETTI and CHEESE, Heinz, Tall tins	2 tins 35¢
BEEF STEAK and ONIONS, Hedlund's, tin	40¢
BEEF STEAK and MUSH-ROOMS, Hedlund's, tin	40¢
PURE PORK SAUSAGE, Shamrock	2 tins 65¢
SHRIMP, Black Label, wet pack, per tin	25¢
TUNA FISH, Breast, per tin	20¢
VEAL LOAF, Clark's, per tin	15¢
SPAGHETTI and MEAT, Libby's, per tin	15¢
TOMATO KETCHUP, Heinz	2 bot 45¢

### of Guaranteed Quality : The Finest Stock

HORMEL SPICED HAM, per tin	45¢	PORK and BEANS, Hedlund's, per tin	15¢
CHICKEN A LA KING, per tin	35¢	LUNCH LOAF, Hedlund's, per tin	15¢
PORK and BEANS, Heinz, tall	3 tins 50¢	SANDWICH SPREAD, Hedlund's, per tin	10¢



PHONE 32 J. M. ALLAN Free Delivery  
The Store of Better Service

KING OSCAR SARDINES	3 tins 50¢
KIPPER SNACKS, Connor's	4 tins 25¢
LUNCH TONGUE, Burns' large tin	35¢
SALMON, finest Red Sockeye	2 tins 45¢
CHICKEN, Hall's Boneless, per tin	35¢
LOBSTER, Fancy Quality, 1/2 lb. per tin	25¢
TURKEY and HAM, TURKEY and CHICKEN, Hedlund's	2 tins 25¢
CRUNCHIE PICKLES, Sweet Mixed, per jar	25¢
CRUNCHIE GERKINS, Sweet, per jar	35¢
PEACHES, Emfa, quarters, they are good, per tin	20¢

### WHEN THE ALLAN CUP CAME TO COLEMAN



Defence player Harry Brown of Kimberley Dynamiters is shown on left, with Bill Bell, proprietor of the Grand Union hotel. The cup came here as the result of a bet made by Bell that it would come to Coleman. Kimberley won it in the season of 1935-36, and it was on exhibition here for a few days to satisfy the curiosity of the fans.

### Second Anniversary



**J. M. Chalmers**

Jeweler to "The Pass" besides commemorating

### Dominion Day

also announces that his SECOND ANNIVERSARY of commencing business in Coleman brings hope and confidence of continually increasing business.

Be the Structure Large or Small



### Your Church

YOUR church needs you, but far more... you need your church. The outstanding citizens of today are church members. People whose personalities and accomplishments offer the character from which true friendships are made, are church members. The church promotes the idea that the business of living is the business of religion. Come to church this Sunday... align yourself with those who have discovered that religion is a practical and happy way of living.

**Come to Church - Your Church, on Sunday**

(This space donated by The Journal)

### Spievak's Grocery

on this Dominion Day also celebrates its

### First Anniversary of Commencing Business

We appreciate our customers' support and will ever strive to merit their continued confidence

### FISH and CHIPS

Every FRIDAY and SATURDAY

Leave your orders for After Theatre Delivery.

ELITE CONFECTIONERY

Mrs. J. Bell, Proprietress

See Norman E. MacAulay, "The Insurance Man," for all forms of insurance. (adv.)

LAWN MOWER and Saw Sharpening. Leave orders at "Bill" Heibin's, Main Street, Barber Shop.

A Remington Portable typewriter is useful to business men, teachers, to all individuals who write. The Journal can supply them on terms as low as \$5.00 per month.

**RUBBER STAMPS**  
PROMPT SERVICE

WORLD HAPPENINGS  
BRIEFLY TOLD

A new air mail route was recently opened from Prince George to Germanen Landing in northern British Columbia.

A national insurance bill was given first reading by the Australian house of representatives. The vote was 33 to 28.

The Duke of Gloucester, brother of the King, opened the 16th International Red Cross conference in London with an appeal for aid to innocent victims of war.

Pilot-Officer Colin W. E. Milburn of Prince George, B.C., attached to the Brize Norton Aviation school at Carterton, Oxford, was killed when his plane crashed up near Pilkins.

Shortage of salable grain at the lakehead, reduction in iron ore output and adverse general business conditions have combined to have many vessels tied up in ports of the upper Great Lakes.

A plan to make provincial medical organizations of the Canadian Medical Association is approved by seven of the nine provincial bodies represented at the national society's 29th annual convention at Halifax.

A monument to Jews who died with the allied armies in the Great War was inaugurated at Donaumont, France, by Naval Minister Cesar Campinchi with the pledge France would defend freedom for all races.

Espionage trials of 195 military and civil officials of government Spain, in which about half face the death penalty, have begun in Madrid, travellers from Spain reported recently.

Request for an investigation into livestock marketing was made in the House of Commons by Harry Leader (Lib, Forth). He said he was seconded by Rt. Hon. R. B. Bennett, Conservative leader.

## Bombing Horrors

Degeneration of Civilization May Result From Brutal Tactics

The disasters that have so far occurred in China and in Spain are but miniatures of what can be done by two modern nations of equal strength and equal ferocity.

Any one so foolish as to think they are of little importance because China, and even Spain, is far away, should reflect that the fate of Chinese and Spaniards to-day may be, on a more horrible scale, his to-morrow. And if he thinks that at least it does not concern him as yet, he should realize that the air attacks on the cities of Spain and of China already mean that the science and material advances which have been Europe's gift to the world have degenerated into weapons of destruction.

No good European can feel free of the shame implicit in the events of the last week. A civilization, to-day common to the whole world, that allows such crimes to proceed unchecked deserves its perdition and inevitably will.—London Spectator.

## Ready To Make Proposals

United States Government Wants To Secure World Disarmament

Prime Minister Chamberlain told the House of Commons that the United States government had indicated it was preparing to make definite proposals to secure world disarmament.

Asked by Arthur Henderson, Labor, if Great Britain were willing to "join with the United States government in making definite proposals with a view to securing a halt in the arms race," Mr. Chamberlain replied tersely:

"The United States government have suggested they are going to make an attempt."

The prime minister refused to elaborate on this brief statement.

## Reports Less Crime

The Pas, Manitoba, Not Troubled With Criminals

There has been no serious crime in The Pas, gateway to northern Manitoba's mining industry since 1929, and the very isolation of the town from major centres of population has been an important factor in producing that situation, according to Chief C. M. Coghill, formerly of the Manitoba Provincial Police, and chief of police at The Pas since 1929.

Important also in keeping crime at a low ebb at The Pas has been the fine co-operation given police officers by the 3,700 inhabitants, said Chief Coghill, attending the annual convention of the Chief Constables Association of Canada at Edmonton.

The Boston Museum of Fine Arts has 138 pottery vessels from the tomb of Pharaoh Cheops' mother, Queen Hetep-heres, who lived 5,000 years ago.

## Need Welfare Workers

Official of Canadian Council Says Problem Becoming Acute

Mrs. Marjorie Bradford, of Ottawa, assistant to the director of the Canadian Welfare Council, told the sixth Dominion conference on social work in Vancouver that the entire development of social services in Canada was "threatened by the lack of competent personnel for their staffing."

She said the personnel problem had become more acute "with the rapidity of change in the developing welfare programs." Assurance was required that there would be a continuous supply of qualified workers—"trained, experienced men and women, of proven competence and of mature and stable judgment."

"The problem is a real one," she said. "All social work is marking time before it, and the answer must rest in part with the training schools, in part with the well-established agencies in our older centres, and in part with the members of the profession in equipping themselves for these pioneering and responsible parts in public service and in the voluntary agencies."

## Mounties in England

Enthusiastic Reception in London To Policemen From Arctic Circle

Lance-Corporal Norman George McDowell of the Royal Canadian Mounted Police, stationed at the door of Canada House in London for the first time, was surrounded by a large crowd blocking the entrance, seeking autographs, and taking photographs.

London's reception to the mountie, who spent seven of the last 11 years above the Arctic circle, was enthusiastic.

The London Evening News ran two pictures of Corporal McDowell and his wife and streamer of the story: "A Mountie Exchanges Lonely Yukon for Canada House Job."

## DOUBLY USEFUL TO JUNIORS!

By Anne Adams



## Youth Hostels Come To Canada

Plan To Extend Movement From Maritime To British Columbia

New impetus is being given to hiking in Canada by a movement known as the Youth Hostels Association, already registered in a number of countries. The aim of youth hostels is everywhere the same—to enable young people to enjoy hiking and cycling in the beautiful outdoors of Europe and North America; to enable youth to find wholesome companionship along the road, travelling inexpensively, and acquiring a knowledge of their neighbour's land and customs as well as their own. One of the codes of the hikers is that they pledge themselves to leave the countryside unmarred as a result of their travel in it.

The youth hostels idea began in Europe in 1911, as the practical dream of a German schoolmaster. Since its inception, youth in millions upon the open roads of Europe have found youth hostelling from a national to an international influence. In 1930 hostels were opened in England; in 1933 one opened in Canada, and in 1934 the movement spread to the United States. To-day there are thousands of hostels in forty different countries with several millions of members. As youth hostels concern themselves not at all with the religious or political beliefs, or social positions of members, the movement more and more is lessening racial distinctions.

So far Canada has but a dozen or more hostels and a scant hundred members. The first youth hostel in Canada was opened in the foothills of Alberta, and a total of twenty now forms a chain from the E. P. Ranch to the town of Banff in Banff National Park. In 1937 Canada was the twentieth country to be admitted to the International Youth Hostels Association, an extensive organization work is now being carried on to extend the movement from the Maritimes to British Columbia.

The development of outdoor recreation during the past decade has been a remarkable feature of the modern social life, and is reflected in the increasing use and appreciation of the National Parks as playgrounds. Hiking is among the least expensive of all forms of sport, and attracts thousands who find among the mountains, hills and valleys of these outstanding scenic regions, new health and happiness and a greater appreciation of nature in all its varied forms.

## British Housewife

Miner's Wife Is Honored At Nottinghamshire, England

Mrs. F. M. Millward, a miner's wife from Mansfield, Nottinghamshire, has been chosen from a list of 5,000 women as "the most representative British housewife."

Member of the women's section of the British Legion and of a choral society, Mrs. Millward was picked by the selection committee because she had been married 21 years, raised six children, was a good budgeter, found time for her own interests outside her home and was "really happy."

Mrs. Dobbin Crawford, Liverpool surgeon, said: "A man and woman should marry for love, should be of the same social scale, the same age, and interested in each other's pursuits and occupations."

Mrs. M. M. Bear, founder of the Wayfarer guild: "Domestic servants make excellent wives because of their training. Though men might walk out with factory girls, typists or clerks, when they wanted to settle down they showed a preference for domestic servants."

Robert Boothby, Conservative member of parliament for Aberdeen, warned bachelors not to marry until the girl of their choice proved she could cook.

## North Pole Expedition

Sir Hubert Wilkins Expects To Leave In July, 1939, On Submarine Adventure

Sir Hubert Wilkins, British explorer, said he expected to leave in July, 1939, on a submarine expedition to the North Pole. Sir Hubert, who arrived from England, where the \$125,000 ice-breaking submarine is under construction, said his party would consist of seven besides himself. The expedition will start from Spitzbergen, Norway.

Scott-Doctor, what can I do to prevent seasickness?

Doctor—Have you a sixpence? "Yes, sir."

"Well, hold it between your teeth."

Banana production of Formosa (China) was 52,000 tons in 1921; to-day, it is more than 160,000 tons.

A huge demand for American corn, rather than wheat, is reported from Europe.

## Will Cost Ten Million

Rajah Of Bamba To Have A Buckingham Palace In India

With his dark eyes sparkling after an hour's fox trot lesson, the 24-year-old Rajah of Bamba, told a Sunday Dispatch reporter in London of his plans to build a "Buckingham Palace" in his Indian State.

To be built in marble, with mosaic floors, lapis lazuli and onyx pillars and fittings, the cost will be £2,000,000 "at least."

The palace is to have automatic lights which switch on and off the moment anyone enters or leaves the rooms, illuminated fountains which will play night and day, and two swimming pools in green and black onyx.

The Rajah is in England to see British architects and engineers.

"I want the interior to be as like Buckingham Palace as possible," he said.

The young palace-builder, with jewels worth more than £50,000 for his ceremonial turban, talked about London's sixpenny stores.

He and his Prime Minister, A. K. Bose, have been making a tour of them.

"I have bought one or two 3d. and 6d. souvenirs," the Rajah said. "They are wonderful stores."

During his visit the Rajah has spent considerable time in two-penny Underground trips and in learning to dance.

Once a week special foods from his own cook at Deoga are flown by Imperial Airways to Croydon.

"I am keeping most of the food that has been flown over for me to take with me to the Continent soon," explained the Rajah.

"I am very interested in dairy farming, and I am to visit Holland because I am told their dairies are some of the best in the world."

"When I return to India I intend introducing my electric root system for our roads."

Then the slender ruler of Bamba, tiger-hunter in his spare time, hurried off to another twopenny Underground jaunt.

"Does your husband believe in the theory that kissing transmits germs?"

"No. He thinks that the only transmitter of germs is money, and is very careful not to hand me any."

Chinese street merchants sell syrup-covered crab-apples strung on a long willow stick in place of the traditional lollipop of American youngsters.

Modern Plastics in Everyday Use

Treated with acetic acid, cotton fibers give us another important cellulose derivative used in making acetate rayon, safety X-ray film, aeroplane window shades, fountain pens and lamp shades.

Take a look at your automobile. The safety glass is made safe through the use of a sheet of transparent cellulose plastic sandwiched between two sheets of plate glass. The finished product is called "Lexan."

Like the steering wheel may be made from a cellulose derivative, and the fabric of a recently-developed heavy-duty tire rayon made from cellulose. Even the new man-made sponge with which you wash your car has its origin not in the sea, but in the cotton field or forest of towering spruce.

The draperies and bed spreads in your home, the washable window shades, your wife's gown, the cement tiles on her sofa, the sole on her shoe, her handbag, the colorful talon fastener of her gown, her costume jewelry and toilet articles, the tin and enamel she has on her fingernails, her fountain pen, the waterproof lining on her "best" seller, the transparent wrapping on the candy and other goods you buy, your rubber boots, even your bathing tackle, all may have had their origin in the chemist's amazing raw material—cellulose.

Cellulose is one of the most plentiful of nature's raw materials. Millions of tons of it are produced each year as the fibres or framework of practically all plants. Cotton, flax,—"the short"—"flax" left on the seed after the longer fibres have been removed by ginning, and trees such as the spruce and fir, are the principal sources of cellulose used for chemical purposes.

Among the more important products based on cellulose are rayon and nitrocellulose film. When cellulose is treated with a mixture of nitric and sulphuric acids, a product known as nitrocellulose or pyroxylin is formed, which is the basis for quick-drying lacquers, motion picture film, sports equipment, and the synthetic plastics which are put to myriad uses—from scuffless heels for women's shoes to toothbrush handles.

Cellulose is one of the most plentiful of nature's raw materials. Millions of tons of it are produced each year as the fibres or framework of practically all plants. Cotton, flax,—"the short"—"flax" left on the seed after the longer fibres have been removed by ginning, and trees such as the spruce and fir, are the principal sources of cellulose used for chemical purposes.

Among the more important products based on cellulose are rayon and nitrocellulose film. When cellulose is treated with a mixture of nitric and sulphuric acids, a product known as nitrocellulose or pyroxylin is formed, which is the basis for quick-drying lacquers, motion picture film, sports equipment, and the synthetic plastics which are put to myriad uses—from scuffless heels for women's shoes to toothbrush handles.

Cellulose is one of the most plentiful of nature's raw materials. Millions of tons of it are produced each year as the fibres or framework of practically all plants. Cotton, flax,—"the short"—"flax" left on the seed after the longer fibres have been removed by ginning, and trees such as the spruce and fir, are the principal sources of cellulose used for chemical purposes.

Among the more important products based on cellulose are rayon and nitrocellulose film. When cellulose is treated with a mixture of nitric and sulphuric acids, a product known as nitrocellulose or pyroxylin is formed, which is the basis for quick-drying lacquers, motion picture film, sports equipment, and the synthetic plastics which are put to myriad uses—from scuffless heels for women's shoes to toothbrush handles.

Cellulose is one of the most plentiful of nature's raw materials. Millions of tons of it are produced each year as the fibres or framework of practically all plants. Cotton, flax,—"the short"—"flax" left on the seed after the longer fibres have been removed by ginning, and trees such as the spruce and fir, are the principal sources of cellulose used for chemical purposes.

Among the more important products based on cellulose are rayon and nitrocellulose film. When cellulose is treated with a mixture of nitric and sulphuric acids, a product known as nitrocellulose or pyroxylin is formed, which is the basis for quick-drying lacquers, motion picture film, sports equipment, and the synthetic plastics which are put to myriad uses—from scuffless heels for women's shoes to toothbrush handles.

Cellulose is one of the most plentiful of nature's raw materials. Millions of tons of it are produced each year as the fibres or framework of practically all plants. Cotton, flax,—"the short"—"flax" left on the seed after the longer fibres have been removed by ginning, and trees such as the spruce and fir, are the principal sources of cellulose used for chemical purposes.

Among the more important products based on cellulose are rayon and nitrocellulose film. When cellulose is treated with a mixture of nitric and sulphuric acids, a product known as nitrocellulose or pyroxylin is formed, which is the basis for quick-drying lacquers, motion picture film, sports equipment, and the synthetic plastics which are put to myriad uses—from scuffless heels for women's shoes to toothbrush handles.

Cellulose is one of the most plentiful of nature's raw materials. Millions of tons of it are produced each year as the fibres or framework of practically all plants. Cotton, flax,—"the short"—"flax" left on the seed after the longer fibres have been removed by ginning, and trees such as the spruce and fir, are the principal sources of cellulose used for chemical purposes.

Among the more important products based on cellulose are rayon and nitrocellulose film. When cellulose is treated with a mixture of nitric and sulphuric acids, a product known as nitrocellulose or pyroxylin is formed, which is the basis for quick-drying lacquers, motion picture film, sports equipment, and the synthetic plastics which are put to myriad uses—from scuffless heels for women's shoes to toothbrush handles.

Cellulose is one of the most plentiful of nature's raw materials. Millions of tons of it are produced each year as the fibres or framework of practically all plants. Cotton, flax,—"the short"—"flax" left on the seed after the longer fibres have been removed by ginning, and trees such as the spruce and fir, are the principal sources of cellulose used for chemical purposes.

Among the more important products based on cellulose are rayon and nitrocellulose film. When cellulose is treated with a mixture of nitric and sulphuric acids, a product known as nitrocellulose or pyroxylin is formed, which is the basis for quick-drying lacquers, motion picture film, sports equipment, and the synthetic plastics which are put to myriad uses—from scuffless heels for women's shoes to toothbrush handles.

Cellulose is one of the most plentiful of nature's raw materials. Millions of tons of it are produced each year as the fibres or framework of practically all plants. Cotton, flax,—"the short"—"flax" left on the seed after the longer fibres have been removed by ginning, and trees such as the spruce and fir, are the principal sources of cellulose used for chemical purposes.

Among the more important products based on cellulose are rayon and nitrocellulose film. When cellulose is treated with a mixture of nitric and sulphuric acids, a product known as nitrocellulose or pyroxylin is formed, which is the basis for quick-drying lacquers, motion picture film, sports equipment, and the synthetic plastics which are put to myriad uses—from scuffless heels for women's shoes to toothbrush handles.

Cellulose is one of the most plentiful of nature's raw materials. Millions of tons of it are produced each year as the fibres or framework of practically all plants. Cotton, flax,—"the short"—"flax" left on the seed after the longer fibres have been removed by ginning, and trees such as the spruce and fir, are the principal sources of cellulose used for chemical purposes.

Among the more important products based on cellulose are rayon and nitrocellulose film. When cellulose is treated with a mixture of nitric and sulphuric acids, a product known as nitrocellulose or pyroxylin is formed, which is the basis for quick-drying lacquers, motion picture film, sports equipment, and the synthetic plastics which are put to myriad uses—from scuffless heels for women's shoes to toothbrush handles.

## SUNDAY SCHOOL LESSON

JULY 3  
JOSHUA: A CHOICE OF LOYALTIES

Golden text: As for me and my house, we will serve the Lord, Joshua 24:15.  
Lesson: Numbers 27:15-23; Joshua 1:1-9; 24:1-31.  
Devotional reading: Psalm 119:1-8.

Explanations And Comments

Moses Appoints Joshua to Be His Successor, Numbers 27:15-23. Joshua had long been Moses' attendant, and when Moses was about to die he appointed Joshua his successor. Joshua's outstanding characteristic is given as that of a man "in whom was the Spirit"—he would carry out God's will.

Joshua Summoned to His Task, Joshua 1:1-9. Moses, the servant of God, died, and Joshua was summoned to take up the task where Moses dropped it and carry it toward completion.

"Moses my servant, is dead: now therefore arise, go over this Jordan, thou and all this people: this was the task before Joshua, to cross the Jordan and conquer and settle Canaan."

Joshua Summoned to His Task, Joshua 24:1-21. Joshua at once assumed command of the great host. He directed his officers to go through the camp and announce to the people that in three days they should cross the Jordan. It was spring and the melting snow from the mountains had caused the Jordan River to overflow its banks, but the mighty host under the command of Joshua was able to cross over to the other side. Encampment was made at Gilgal, five miles from the Jordan, and there men and stones were erected to signalize the event. The siege and conquest of Jericho followed. Overconfidence led to repulse at Ai, but a second more carefully planned attack was crowned with success. Two successful campaigns followed. With chapter thirteen of the Book of Joshua the account of the settlement of the land begins.

Joshua began his farewell admonitions by reminding the people of God's care and help from the time of Abraham to that present moment when they were in possession of land which they had not labored of, cities which they had not built, and of vineyards and oliveyards which they had not planted. He told all this in the form of a speech from Jehovah himself, thus stressing the fact that he and they were but instruments of the divine.

Quickly the people declared that they would serve Jehovah, for he had done great things for them. "They think they perceive the secret of success: it is to keep the Lord ever with them, and in choosing the success that God brings rather than choosing God himself. Had he failed, they would have forsaken him" (F. W. Norwood).

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

The juice and the rind of the cucumber are useful as a skin balm.

**Health**  
LEAGUE  
OF  
CANADA  
presents  
TOPICS  
OF  
VITAL  
INTEREST  
by DR. J. W. S. McCULLOUGH

Editorial Note: Readers desiring the complete set of Dr. McCullough's cancer articles at once may secure same by writing to—The Health League of Canada, 163 Bond St., Toronto, Ont.

## Variety Of Suggestions

Methods Some People Employ To Put Themselves To Sleep

Sophie Kerr, novelist: "I found my recipe in 'The Lives of a Bengal Lancer.' It is simply to draw 20 even breaths, then on the 21st hold the breath as long as possible. By the time I have done this three times I am drowsy."

Harrison Cady, artist: "I place my hands back of my head, relax, and contemplate something which represents quiet and tranquillity—such as a drowsy midsummer moon, while I lie on a grassy slope beneath a shade tree and see a blue pool in the distance."

Kitty Carlisle, musical comedy star: "I sing old songs to myself. It's difficult to remember the lyrics of songs you haven't sung for a long time, and in trying to recall the words I drop off to sleep."

Major Anthony Fiala, explorer: "On my trip through Brazil with Colonel Theodore Roosevelt, I learned my best lesson: When I go to bed it's solely for the purpose of sleeping. If I cannot sleep, I get up and exercise until I am tired.—Reader's Digest.

## Saved For Four Years

Widow Paid Hospital Bill Out Of Old Age Pension

A widow who saved for four years out of her old-age pension, has paid off a debt she considered she owed the General Hospital, Kingston, Ont., according to Dr. Fraser Armstrong, superintendent.

The woman, who proved gratitude for old favors still exists, is the widow of a man who died in the hospital's public ward in 1934. Because he was without funds, hospital authorities wrote the account off the books.

Recently the woman called on Superintendent Armstrong and insisted that he accept \$45 which she had saved. The money will be used for some special service to a ward patient, Superintendent Armstrong said.

## The Cravat Goose

Was Introduced Into England More Than 200 Years Ago

It is always a pleasure to mark a flock of the fine, black-throated Canada geese, with their necks, mottled and broad as those of Cheshire and East Anglia, says the London Daily Telegraph. More than two hundred years have passed since they were introduced. Now they have been endowed with an English name, the cravat geese, from the white patches on the sides of their black faces.

Their wanderings in winter seem prompted by a lingering trace of migratory instinct. It is possible that flocks have now flown to us from Canada.

## Allowed For Earth's Curvature

Huge Machines For Polishing Safety Glass Must Be Accurate

When the Ford motor works erects huge machines, each 600 feet long, to grind and polish safety glass, engineers discovered their length was so great that allowance actually had to be made for the curvature of the earth for absolute accuracy; other glass machines, each 600 feet long, were of uniform thickness. So a curvature of 1-40th of an inch each way from the centre of the great machines had to be allowed as an offset.

When the hair is cut the necessary weight is lost, the scalp weakens and the hair falls out, says an eminent professor. And thus we have baldness from too much hair-cutting.

Any shoe store clerk will assure you women can stand more pain than men.

No one knows how long a dinosaur lived, but the huge ones may have had lives as long as 500 years.



# WILSON'S FLY PADS REALLY KILL

One pad kills flies all day and every day for 2 or 3 weeks. 3 pads in each packet. No spraying, no stickiness, no bad odor. Ask your Druggist, Grocery or General Store.

**10 CENTS PER PACKET**

**WHY PAY MORE?**

THE WILSON FLY PAD CO., Hamilton, Ont.

## WHAT HO!

By Arrangement With Thomas Allen, Publisher, Toronto.

### CHAPTER XIV.—Continued

Crump came in.

"Beg pardon, m'lady," he said, "but Captain Duff-Hooper sent his man over to say that he is riding at ten and will be pleased to have you join him."

"Ask him to tell Captain Duff-Hooper that I'm sorry but I shan't be able to ride with him," said Rosa.

"Very good, m'lady."

"And Crump, we're saved."

"Saved, m'lady?"

"The castle and everything. Mr. Bingley has come to our rescue."

"May I express my gratitude, sir?" said Crump. "And I think you'll be interested to know that Elaine is in excellent working order, except that she squeaks a bit when she says."

"Oh her springs," said Ernest.

"I was about to do so," said Crump, and faded from the room.

In the kitchen Crump found Sloat lachrymatically polishing a silver fish-slice and whistling "Happy Days are Here Again."

"Less music and more elbow-grease, if you please," said the butler.

"But happy days are here again, Mr. Crump," said Sloat. "To-day we see the last of that loopy Yank."

"I was not aware that Mr. Bingley intends to leave us to-day," said Crump.

"Well, I saw him packing his things, such as they are. Is he going to shoot the moon, do you think?"

"If by that vulgar expression, you imply that Mr. Bingley is going to steal away without paying his rent," Crump said, frostily, "you are doing a grave injustice to a most honorable gentleman."

"Well, he's going, and that's something," said Sloat. "Wonder what he'll tip. Good riddance, I say. Happy days are here—"

Sloat rose three inches from the floor on the top of Crump's toe.

"And if you'd like another dose of the same, young Sloat," Crump said, "just let me hear you pass any more remarks about Mr. Ernest Bingley."

In the breakfast room the earl was demolishing his third dish of codded eggs.

"Father dressy this a.m.," he remarked. He could not have meant himself.

"Oh, I dressed up for your birthday," Ernest said.

"Did you also pack your bag for my birthday?" asked the earl. "I tell over it in the hall."

"My month is up, you know, sir."

"Don't be a gum-drop," said the earl. "Stay with us as long as you like as our guest."

"Thank you, sir, but I just can't," said Ernest. "I'd like to, though, very, very much."

"Name just one good reason why you won't stay on and at least spend Christmas with us."

"Business."

"Business be blowed," said the earl. "Your people can take care of it. You can keep in touch with them by phone—if we had a telephone. Tell you what—I'll have one put in."

"I'm terribly sorry," said Ernest, "but there is a matter which needs my personal attention. I must leave for New York at once."

"You'll be back, of course."

"Some day, I hope."

"Soon?"

"Not very soon, I'm afraid," said Ernest.

"You'll always be welcome at Bingley Castle, Ernest, old chum," said the earl.

"Thank you."

"Well, if you must go, you must go, I expect," said the earl. "When do you sail?"

"On the first boat I can get out of London."

"Won't we, Rosa?" the earl said.

"Yes," she said, her eyes on her eggs.

"You must keep in touch with us, Ernest," said the earl.

"Yes, sir."

"I collect souvenir post-cards, you know."

"I'll send you some."

"With Indians on them?"

"Yes, sir, with Indians on them."

"That's jolly good of you, Ernest. You must not forget us," the earl said.

"I'll never forget—Bingley Castle," Ernest said.

Ernest, hat in hand, overcoat on arm, stood in the castle hall.

"Sloat is getting out the car," Lady Rosa said. "I hope you don't mind if I don't go to the station with you. I loathe platform good-byes."

"I hate good-byes myself," said Ernest.

"I wish you weren't going, Ernest."

"I don't feel as if I were going home," Ernest said. "I feel as if I were leaving home. Staying here was the most beautiful thing that ever happened to me."

"I'm glad you feel that way about us."

"I guess it was the most beautiful thing that ever happened to anybody."

"Will you write to me?" Ernest did not look at her.

"No, Rosa, I won't," he said.

"You won't? Why?"

"I can't tell you."

"Please—your must."

"It would be—well, it would not be right."

"Not right? Oh, Ernest, I think I understand."

"Do you, Rosa?"

"This matter of business you must attend to personally—tell me, Ernest—is it a girl?"

Ernest Bingley uncreased and creased his hat. In a low voice he answered.

"Yes, Rosa. It is a girl."

"You've never talked about her," Ernest said, frostily.

"I don't think you'd be interested," Ernest said.

"Ernest! You knew—you should have known—I'd be interested."

"Why, Rosa?"

"It doesn't matter now. Are you engaged?"

"Secretly."

"When will you be married?"

"As soon as I reach New York."

"What is she like?" Rosa asked.

"You, I mean she has the same coloring, and voice and eyes—and—"

"What does she do?"

"Do? Who?"

"Your fiancée, of course."

"Oh, I guess you'd call her a society girl," Ernest said. "Very social. Very athletic. Rides horse-back, drives her own airplane—the usual things."

"How sporting! She must be painfully rich?"

"Oh, she is. Her father owns all the hotels in Chicago."

"All of them?"

"Except two."

"What's her name?"

"Her name?"

"That's what I said."

"Why it's Ro—Rowena."

"Rowena?"

"No, just Rowena," said Ernest.

"Rowena what?"

Ernest hesitated.

"Surely you haven't forgotten," said Rosa.

"Of course not. It's—Castle. Rowena Minerva Castle."

"Pretty name. So you're going from one castle to another."

Ernest's laugh was distinctly a fourth-rate expression of hilarity.

"That's right. Castle to Castle," he said.

"I hope she'll make you very happy, Ernest."

"I hope you'll be happy, too, Rosa."

"Oh, I'll have fun. No worries about the castle—ours, I mean. Lots of hunting and riding. Why shouldn't I be happy?"

"I suppose," said Ernest—"I suppose you'll marry your cousin some day."

"Not myself. But I suppose I shall marry a man, if asked."

"Duff-Hooper?"

"He seems to be leading the field at the moment."

"You won't get married right away, will you?"

"Maybe. Maybe not. I may shop around."

"I wish you would. I mean—well—"

"Why?"

"It would be awful for you to marry anybody—I mean anybody you were not interested in love with."

"Let's stop talking about me," said Rosa. "You must start soon if you're to catch your train. What can be keeping Father?"

"Where is he?"

"Said he had to go to his study to get something."

"A parting gift, perhaps," said Rosa.

"I say, Ernest, you must have a picture of Miss Castle with you. I'd be most interested to see it."

"I haven't—I mean—well, I've a sort of picture," said Ernest.

"Please let me see it."

"All right."

He took from his suit-case the old miniature of Lucy Bingley.

"She's charming!" exclaimed Lady Rosa. "And she does look a little like me. Prettier, though."

"She is not."

"Why, Ernest! Is that any way for a bridegroom to talk?"

"It's the truth," he said.

"Never tell Rowena that," advised Rosa. "Why is she in fancy dress costume?"

"Amateur theatricals."

The Earl of Bingley came hurrying toward them, bearing a large package. He presented it to Ernest.

"I want you to have this as a memento of your visit and as a very slight token of my great esteem," he said. "It is not diamonds. I wish it were."

"Thank you very much, sir," said Ernest.

Outside the door there was a sound like a riving cotton in a tunnel.

"I think I hear our car," said the earl. "So does most of Somersetshire, I expect. I say, Ernest, what's that picture?"

"His fiancée," Rosa told the earl.

"Really? Mind if I have a peek?" He took the miniature of Lucy Bingley from Ernest's hand.

"Jove, she's lovely," he said. He stared hard at Lucy Bingley's comely face. "I could swear I've met her some place. Who is she?"

"Rowena Castle of Chicago," said Ernest, "and you could hardly have met her, sir. She's never been abroad."

The earl wagged his head over the picture.

"I met her twin sister then," he said.

"She has no twin sister."

"Wish she had," said the earl. He handed the miniature to Ernest who stowed it in his bag.

Sloat opened the front door.

"The car is here, m'lady," he announced.

"I thought it wasn't woodpeckers I heard," said the earl. He held out his hand to Ernest.

(To Be Continued)

## Reliable Coin Testers

Counterfeit Currency Is Quickly Detected By Apes In Siam

As protection against the wave of counterfeit coins in Siam, merchants of Bangkok and other cities have installed large apes as coin testers. Every coin received is given to the ape, which puts it in its mouth. If it is good, the animal drops it into a receptacle behind him. If it is bad he throws it on the floor, chattering loudly. How they know the difference is a mystery, but they are said always to be right.

## A Timely Warning

Cold Desserts Or Drinks After Hearty Meal Are Dangerous

Dr. Harry M. Eberhard told members of the American Institute of Homeopathy at Philadelphia, that many deaths from "acute indigestion" were caused by heart attacks brought on by cold desserts or drinks after a hearty meal. Chilling the stomach stops the flow of digestive juices for about half an hour, Dr. Eberhard said. Then they start flowing at an excessive rate to make up for lost time.

## Saved Prize Sheep

Mixture of Whiskey and Milk Prevented Death From Exposure

Whiskey mixed with milk saved prize stud sheep from death on the Chatsworth House ranch, Australia, recently. In an effort to save valuable flocks from death by exposure during heavy rains and floods, the ranch owners bought up gallons of whiskey and milk. A solution of the two was injected into each member of the valuable flock and not one died of exposure.

British Tommy: "Yes, on Christmas Eve, 1917, my regiment was in Jerusalem."

MacFadden: "Aye, an I guess 'th' shepherds watched their flocks that night, all right."

A new kind of paint made in Germany is said to be fireproofed by having nitrogen salts and synthetic resin mixed in it.

If only we could tell when the future was beginning!

## FLIN FLON

"The Story of Its Finding and Position To-day"

By PRATT KEHN



**TOM CREIGHTON**  
The man who discovered the Flin Flon Mine in 1915.

Just the other day we read again of Tom Creighton, the prospector who found Flin Flon.

He is now in charge of field crew for Hudson Bay Mining & Smelting Co. properties, and so is again actively in the prospecting game which he loved.

To our mind the story we heard from Tom's lips one night in Flin Flon—the story of how he regained his health after four years' suffering from the crippling pains of arthritis.

To-day he is 64 and as active as a 35-year-old, lean, sinewy, hard "steel" and without a pain. Imagine that, after he was all twisted up in his toes, wrists and fingers, back, elbows and shoulders.

Sloat opened the front door. "The car is here, m'lady," he announced.

"I thought it wasn't woodpeckers I heard," said the earl. He held out his hand to Ernest.

"Anyhow, when prospecting he weighed 160 to 168 stripped, and is now 144—his feeling being that a man should stay as close to the natural weight attained at 21 years of age as possible.

Tom searched everywhere with all kinds of specialists for an arthritis cure, and then heard of a Dr. Tilden in Denver, Colorado, who used natural methods. He went there in April, 1936, and between fasting, exercise, changing of the blood stream from acid to alkali, he spent six months, but came away as a new man, with a healthy body and only a little pain in one finger left.

I've watched Tom eating, and here's what his meals consist of.

Breakfast—Two or three Shredded Wheat Biscuits eaten dry, or with a little butter, chewed thoroughly and moistened through the natural saliva action. After that (and not with the Shredded Wheat) a good bowl of unsweetened fruit or a good helping of

Dinner—A dish of soup and a fresh vegetable salad.

Supper—Meat salad, fresh vegetables and two cooked vegetables.

Notice anything strange about this diet?

Well, there's no tea, coffee, milk, water or liquor on it, and Tom drinks only one half glass of water a day in the morning, just half an hour before breakfast, and never drinks with meals. Says he's never thirsty either. Another thing, he never eats starches and proteins at the same meal.

Perhaps you'll laugh at a prospector who paddles canoes, scrambles over rocks, does hard physical labor, taking exercise to keep healthy, but Tom does some special stunts like tensing the stomach and rotating the skin one hundred times with a hand on each side of the colon.

He never felt better in his life, and while he was using glasses for reading before his treatment his eyesight has improved so much that the glasses are unnecessary now.

Just thought some of our readers might care to profit by the health hints given by Tom who spent years of time and thousands of dollars to find out just how to live properly, and it was so simple that anyone who follows this regime will certainly improve in health and strength. Most of us dig our own graves with our teeth, through eating too much.

I wonder how Tom feels now (I haven't seen him for a year) in charge of prospecting for Hudson Bay Mining & Smelting Co. who own Flin Flon, the mine he found twenty years ago and which in 1937 produced:

Copper ..... 57,688,485 lbs.  
Zinc ..... 48,972,224  
Cadmium ..... 308,776  
Selenium ..... 74,298  
Tellurium ..... 7,684

and of the precious metals  
Gold ..... 133,605 ounces  
Silver ..... 1,633,378

and remember that while there were 1,647,438 tons of ore mined from the Flin Flon last year, there are at

present reserves blocked out for 15 years' more continuous operation.

To-day there is no relief, no talk of depressions and hard times in Flin Flon, Manitoba—the busy little city of 8,000 named after the mine; and pay checks amount to about \$280,000 monthly.

Because the civic authorities insist that everyone must be self-supporting, don't rush to Flin Flon unless you have money enough to get back. The civic authorities are a little hard-boiled about the matter, but because they feel that everyone should be self-supporting.

And that's the final end of our Flin Flon story—for the present at least—though we may give you more picture later on because the subject is so interesting and so important to the people who live in the West, particularly in Manitoba and Saskatchewan.

## Student Of Plant Life

Jack Miner Spends Much Time Cultivating Flowers And Trees

Far better known for his championship of the principles of wild life conservation, Jack Miner is nevertheless a keen student of tree and plant life. Proof of this is seen at his bird sanctuary in Kingsville, where the roadside leading to his estate is lined with literally thousands of gorgeous blooms.

Yes, the naturalist has spent nearly as much time on trees and flowers as he has on his feathered visitors. Perhaps one of the choicest iris beds in North America may be seen at his home, grown through the years from bulbs donated by an admirer of the naturalist.

Few gardens on the continent are made up of flowers gathered from such a wide range of climate and territory. Practically every state of the Union and every Canadian province is represented.

And this floral beauty is in no way commercialized. Many a sick friend has enjoyed a magnificent bouquet of breath-taking beauty, hardly realizing that the finest blooms in North America were his.

The naturalist has clear-cut views on flowers as gifts. Give flowers to the living, not neglect them for the dead, he counsels. At a recent birthday celebration, Jack Miner told reporters he would have no desire to live, but for children, flowers, birds and music. And he meant it.—By Lance Connelly.

## Originator Of Idea

King Edward VII. Suggested Private Bath For Hotel Rooms

The late King Edward VII. was originator of the idea of every hotel room being equipped with private bath. Charles C. Ritz told reporters. As Prince of Wales the king visited Paris frequently and stayed at the Bristol hotel. A bathtub was brought through the streets and carried to the royal chamber when the prince wanted a bath. The prince suggested to Cesar Ritz that a hotel with bath in every room would be a paying proposition, and the idea was carried out when the Paris Ritz was opened in 1898.

## Secret Of Good Advertising

Is Putting Interesting Facts Into Words That Will Attract Readers

"Good advertising, like good thinking and good talk, feeds on facts," says Mrs. Bernice Fitz-Gibbon, publicity director for the John Wanamaker store. "The good ad is where you feel the writer knows all but hasn't time to get everything in; not a dull, long catalogue listing, but a few vivid facts plus one startling esoteric bit that convinces the reader that if he writes, he knows that, he knows all that can be known."

A truly laconic style comes from a platitude, not a paucity, of words."

Judging by their size, the biggest dinosaurs may have eaten 500 to 1,000 pounds of food a day.

## For Your Preserving



## Use It This Year

New Operation Method  
Puts Patients Back Into Circulation Without Loss Of Time

A method by which a Roumanian physician puts his patients on their feet directly from the operating table was described in the Journal of the American Medical Association.

"This new method is of inestimable advantage in time of war," the Journal's Bucharest correspondent reported on the work of Dr. Campeanu, lecturer at the University of Bucharest.

"The evacuation of war hospitals thus becomes simplified. By shortening the stay of patients in the hospital, the surgical section of Campeanu's clinic in Brasov were able, with the same number of beds, to accommodate 500 more patients than in the previous year."

The stay of patients in the period from 1934 to 1938, 3,150 patients left their beds the day following the operation without experiencing any disadvantage.

The article said: "An assistant of Campeanu whose appendix had been removed, after having stepped down from the operating table, forthwith acted as assistant at the next operation and afterwards walked about. His recovery was prompt."

## The Alexandra Peai

Remarkable Bells Were Gift To British Empire 50 Years Ago

The ancient Society of College Youths rang the Alexandra Peai, some of the most remarkable bells in the British Empire, on the anniversary of the Coronation. The peal, which hangs in the Queen's Tower of the Imperial Institute, was a present 50 years ago from Mrs. Elizabeth M. Miller, of Malborough, the only condition of the gift being that the bells should be rung on the birthday and accession day of the Sovereign and the birthdays of the Prince and Princess of Wales. Each of the ten bells is named after a member of the Royal Family. Their total weight is over eight tons, and when they are in full peal the tower of the Institute sways nearly a foot out of alignment.

## One Of Greatest Needs

Simple Word To Replace Puzzling Ones Now In Use

What this country needs is not a good five-cent cigar but a good five-cent word to replace such 15-cent alien importations as "totalitarianism," "autarchy," "communist" and "fascism." Our forefathers had a word for it, they called it "tyranny" and it goes at that. But when the Cassandras of today warn us that we are threatened with a totalitarian form of government, that if we write, we know that, we know all that can be known... A truly laconic style comes from a platitude, not a paucity, of words."



APPLEFORD PAPER PRODUCTS LTD.  
WAREHOUSES AT  
WINNIPEG - REGINA - SASKATOON - CALGARY - EDMONTON

for BITES

Insect, snake, or animal... the best treatment is plenty of MINARD'S... 30... Draws out the poison!

**MINARD'S**

**"KING OF PAIN"**

**INIMENT**

## NOTICE

Additional copies of this issue, including mailing charges to any point in Canada, ten cents.

## Enterprising Retailers Bring to you Interesting Shopping News and Economy Hints

FINE MODERN HOME, pleasant surroundings, offered at reasonable price and terms. Get particulars from Mrs. R. P. Borden, at the house.



### Fishing Tackle

#### For Your Week-End Trip

Complete assortment of Flies, Lines, Reels, Leaders, Baskets and Spinners. We carry a big range.

Come in and see our selection.

### H. C. McBURNEY

Druggist and Stationer Main Street, Coleman  
AGENT FOR BLAIRMORE GREENHOUSE

## Aboutsady's Values

#### Ladies' Slips

Satin Striped, Applique Finish in Tea-Rose and White 79c

#### Brassieres

Gleaming Satin Fabric, beautifully tailored, trimmed with lace. Special at 25c

#### Rayon Knit Blouses

for Hot Weather Comfort Colors in Peach and White \$1.00

#### Silk Crepe Hose

Pure Silk, Full-Fashioned first quality. Regular \$1.00. Special 79c

#### Rayon Panties

Ladies: A large variety of beautiful summer panties grouped together to give you a splendid buy. 49c Per Pair

#### Men's Dress Shirts

Fused Collar, new pattern, good cut \$1.00

#### Polo Shirts

Men's sizes. Odds and ends to clear at 85c

#### Broadcloth Pajamas

MENS: For the warm days \$1.59

#### Currie's Ties

To complete that dressed up appearance select one of our ties 50c and 1.00

Let FASHION-CRAFT be your tailor. That extra smartness to design and the selected BRITISH WOOL-ENS which are featured by these well-known manufacturers will give you the distinction you pay for.

### Local News

Miss K. Milley has been a patient in hospital for the past two weeks.

Mrs. Robert Gillies and Mrs. Wm. Pryde, sr., are hospital patients.

J. Dover, of Calgary Brewing & Malting Co., Ltd., was a visitor at the Grand Union on Friday.

The Misses Margaret and Ethel Dunlop were Calgary visitors over the week end.

A wrong report was given The Journal regarding the presents given Mr. and Mrs. David Sudworth on the occasion of their silver wedding anniversary. The family presented them with a chest of silver and friends with a silver percolator.

A shower in honor of Miss Gladys Higginbotham was held at the home of Mr. and Mrs. Frank Paterson on Friday evening, when she was the recipient of many useful gifts. Bingo and other games were played, and a delicious lunch was served. Grace and Lilian Wilson, grandchildren of Mr. and Mrs. Paterson, presented the basket of presents to the bride-to-be, which she acknowledged in a graceful little speech.

#### THE UNITED CHURCH

The nearly fifty scholars and teachers present at the regular sessions of the Sunday school, decided not to have a picnic this year. The money usually expended for this purpose will be given to a special fund being raised by the United Church as a whole for emergency refugee relief in China.

The resources of the various churches and other organizations being strained to the utmost in trying to help the hordes of people driven from their homes by the war. This small sacrifice was willingly made by the children.

It is hoped that the appeal to the congregation will meet with a good response and that the envelopes will be returned as soon as possible. Gifts for this purpose will be gladly accepted from any who would like to help. This effort is quite apart from the regular missionary enterprises of the congregation.

The regular schedule is still in force. Services at eleven and seven, and the Sunday school after the morning service.

The product that is advertised in The Journal is worthy of your confidence.

### In Memoriam

LEWELLYN—In Loving Memory of our dear wife and mother, who passed away June 28, 1937.

"Oh, happy home where two in heart united,

In holy faith and blessed hope are one;

Whom death a little while alone divideth,

And cannot end the union here begun!"

—Ever remembered by husband and sons, Coleman and Calgary.

RESOLUTION AGAINST DOMINATION OF TEACHERS' ALLIANCE

Ratepayers of Livingstone Municipality Forward Strongly Worded Protest to Government.

(Lethbridge Herald)

It was moved by Potter-Staunton that this meeting of ratepayers have Mr. Taylor, the member, impress upon the government the necessity of a redistribution bill in the provinces, asking the government to cut their membership in half. Carried unanimously.

It was moved by Cox-Smith that the ratepayers of the municipality go on record as opposed to the domination of the Alberta Teachers' Alliance or Association in educational affairs, while the wishes of the school trustees, elected by the people, are being ignored by the department of education. And it was resolved further that the meeting go on record as demanding the abolition of the board of reference, restoring to school boards their right of terminating a teacher's contract at the end of the school year.

The meeting was opposed to legislation making it obligatory for teachers in Alberta to join the A.T.A., thus making a "closed shop" union of the teaching profession. It was resolved further that the ratepayers are intensely dissatisfied at the 45 per cent increase in the local cost of education during the past two years, considering "that we are getting no better service nor has our financial position been improved in any way to enable us to meet the increased cost. That this resolution be brought to the attention of the premier of Alberta, minister of education, and also that our member, Mr. Taylor, exert his influence to meet the wishes of his constituents."

#### Member Heard

Before the motion was put, Mr. Taylor rose and spoke on the motion. He was opposed to the motion and gave his reasons in a short address, but his reasons evidently did not bear weight, for after a little discussion the motion was voted on and was carried unanimously.



WINDOW SCREENS—Safeguard health by keeping out flies, worst disease carriers known. Special, 75c, Sartoris Lumber Yard, Coleman.

CONVENIENT 3-room House for sale, cement basement, recently moved onto fenced lot on Fifth street. Sartoris Lumber Yard, Coleman.

## Palace Theatre

Best Sound Effect - High Class Programs

Nightly 8 p.m. - Saturday 2 p.m., 7:30 p.m. and 9:30 p.m.

Thursday and Friday, June 30 and July 1

Dorothy LAMOUR, Yacht Club Boys, Judy CANOVA in

"Thrill Of A Lifetime"

The swingational musical comedy of a summer camp where love is made to order and everybody orders it!

also GENE AUTRY, the Singing Cowboy in

"The Old Barn Dance"

Saturday and Monday, July 2 and 4

PAT O'BRIEN, GEORGE BRENT, WAYNE MORRIS in

## Submarine D-1

Novelty - Cartoon - Paramount News

Tuesday and Wednesday, July 5 and 6  
DOUBLE PROGRAM

GLENDIA FARRELL and BARTON MacLEAN in

"ADVENTUROUS BLONDE"

also WAYNE MORRIS and PRISILLA LANE in

"LOVE, HONOR and BEHAVE"

## Why Suffer With Sunburn?

TAN-GEL brings instant relief for Sunburn, Burns and Scalds. Have a tube handy for any emergency. Per Tube 50c

VINOLIA CASTILE SOAP—A real buy at 10 Cakes for 25c

HYGEOL—The safe antiseptic for Cuts and Wounds. Relieves the itch from Insect Bites. Cleans false teeth without brushing. 2 sizes 35c and 60c

## STEEVES' DRUG STORE

Knowles' Block Main Street, Coleman

## SAM'S SERVICE STATION

WHITE ROSE GASOLINE DOMINION TIRES.  
EN-AR-CO MOTOR OIL.

### Guaranteed Vulcanizing

Complete Tire Service

SECOND HAND TIRES - RADIO TUBES

U. S. L. and WILLARD BATTERIES

### SPECIALIZED LUBRICATION

JOE KEIRAN, Proprietor C. MURPHY, Manager  
Opposite Excel Builders' Supply Co., Coleman

### REMINGTON PORTABLE TYPEWRITERS

Ribbons, Carbon Paper, etc., on sale at The Journal office.

## We Gladly Join with all the People in commemorating Dominion Day

We also commemorate our fifteenth anniversary in doing business in Coleman. It had been our ambition for a number of years to go into the Hardware business, and when the opportunity came we were more than pleased to accept. We are now glad that the place where we got our start was Coleman. During the fifteen years we have done our very best to serve the public, and if we have made a success, it has been entirely due to the patronage and good will we have received from the people of Coleman and the Crows' Nest Pass. It has always been our aim to give the customer the very best value possible for the money spent. We buy advertised goods, and we sell same with a full guarantee of replacement should anything not be as stated by the manufacturer.

Since being in Coleman those fifteen years, it has been our pleasure to serve in community affairs very freely, and we are more convinced than ever that it is every business man's duty, as well as a privilege, to enter into all kinds of community enterprises, and try and do his bit, so that through his efforts Coleman will be a better place for us all to live in.

We hope that the Pattinson Hardware will serve the public for a long time to come, and we trust that we will merit the confidence and patronage of the people in the future as well as we have tried to do in the past.

## Pattinson Hardware



POLISH SOCIETY YOUNG PEOPLE HONOR THEIR OWN FLAG

The above picture, in which will be recognized young people well known of Canada's national holidays when it was taken, May 24, 1936, at the Polish hall in East Coleman. Many people from town were invited to the ceremony of the dedication of the Society's flag for the local branch of the Polish Society of Canada. It was on one of the Polish consuls for Canada. In the picture are Joe Yagor, Rosie Kulig (now Mrs. Moore), Jennie Yagor, Walter Lesniak, Frank Balejovich, Amelia Ryplen, Mary Yagor, Ignace Maciej, and the president, the Jokski.